

IT IS CLAIMED:

Claim 1. A baseball training device for use in improving batting skills, the device comprising an elongated member of at least a length to extend about the torso of a wearer and form a loop, and a target member slidably secured to the elongated member and adapted to engage an upper arm of a wearer upon proper movement of the arm of the wearer during a batting swing.

Claim 2. A baseball training device according to claim 1, wherein the elongated member includes a pocket for receiving a portion of the target member.

Claim 3. A baseball training device according to claim 2, wherein the target member comprises an elongated stem adapted to be received in the pocket and a target affixed to the elongated stem.

Claim 4. A baseball training device according to claim 3, wherein the target member is yieldingly biased within the pocket.

Claim 5. A baseball training device according to claim 3, wherein the elongated stem has a slight curvature along its length so as to conform to the shape of the pocket.

Claim 6. A baseball training device according to claim 1, wherein the target member comprises an elongated stem adapted to be received in the pocket and a target affixed to the elongated stem.

5 Claim 7. A baseball training device according to claim 6, wherein the target member is yieldingly biased within the pocket.

Claim 8. A baseball training device according to claim 1, wherein further including at least one shoulder strap attached to the elongated member.

10 Claim 9. A baseball training device for use in improving batting skills, the device comprising an elongated member of at least a length to extend about the torso of a wearer and having two distal ends, a fastener for engaging the two distal ends of the elongated member so as to form a loop, and a target member slidably secured to the elongated member, and adapted to engage an upper arm of a wearer upon proper movement of the arm of the wearer during a batting swing.

15 Claim 10. A baseball training device according to claim 9, wherein the elongated member includes a pocket for receiving a portion of the target member.

Claim 11. A baseball training device according to claim 10, wherein the target member comprises an elongated stem adapted to be received in the pocket and a target affixed to the

elongated stem.

Claim 12. A baseball training device according to claim 11, wherein the target member is yieldingly biased within the pocket.

5 Claim 13. A baseball training device according to claim 11, wherein the elongated stem has a slight curvature along its length so as to conform to the shape of the pocket.

Claim 14. A baseball training device according to claim 9, wherein the target member comprises an elongated stem adapted to be received in the pocket and a target affixed to the elongated stem.

10 Claim 15. A baseball training device according to claim 14, wherein the target member is yieldingly biased within the pocket.

Claim 16. A baseball training device according to claim 9, wherein further including at least one shoulder strap attached to the elongated member.